# NNECTING THE Understanding the history of Euthanasia BUILDS A DISTURBING PICTURE WE CANNOT IGNORE

S THE BRITISH BROADCASTING CORPORATION REPORTED in 2003, the debate over euthanasia is "sweeping the world" in the early twenty-first century, and no country has been more affected than Canada. On June 15, 2005, Bloc Quebecois MP Francine Lalonde introduced Private Member's Bill c-407, calling for the decriminalization of assisted suicide and the legalization of physician-assisted suicide (PAS). The fall of Paul Martin's Liberal government on November 28, 2005, meant that a vote on c-407 never materialized, but indications are that similar legislation will be proposed in an upcoming Parliament.

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In all likelihood, PAS will prove to be one of the most contentious and important policy debates in Canadian history. The stakes could not be higher. Western civilization's two-thousand-year-old belief in the sacredness of individual human life hangs precariously in the balance. The history of euthanasia demonstrates that legalizing PAS would be a fateful step toward the erosion of medical ethics and the devaluing of human lives.

# WHY HISTORY MATTERS

Euthanasia, derived from the Greek word meaning "good death," can refer to actual mercy killing with lethal injections or the practice of withdrawing unwanted or unnecessary medical treatment. Yet most current-day debate centres around PAS, in which doctors prescribe overdoses to patients who ingest the drugs themselves. PAS is now legal in Belgium, Switzerland, the Netherlands and Oregon (the lone American state to enact such legislation). In recent years, policy makers in France, Spain and England have debated the same issue, amidst pressure from pro-PAS organizations and other groups which argue that legalizing a right to aid a suicide means extending a fundamental personal liberty to individual citizens.

In 2004, in the wake of highly-publicized assisted suicides in Quebec and British Columbia, Irwin Cotler, then Canada's Justice Minister, announced that it was time to re-open the debate over whether or not the Criminal Code's ban on assisted suicide is out-dated.1 When concerned Canadians try to make sense of euthanasia, they can turn to a burgeoning literature on its ethical, clinical, religious and public policy dimensions. Yet, to date, a scholarly historical perspective on the issue has been largely missing. Such an historical perspective strongly suggests that society has every right to fear the legalization of PAS. As Conservative MP Jason Kenney told the House of Commons on November 1, 2005, C-407 harked back to the agenda of the twentieth-century eugen-

ics movement, and thus would likely reduce the value of individual life. Kenney's comments about the eugenic roots of euthanasia warrant serious consideration. As history shows, the well-documented links between euthanasia and eugenics constitute a powerful, cautionary reminder of what can happen when nations begin ranking human life in terms of social usefulness, economic productivity or biological fitness.

Opponents of legalizing PAS often cite Nazi medical crimes during World War II as an example of where toleration of euthanasia can lead. Between 1939 and 1945, under Adolf Hitler's personal order, German doctors, nurses and other health care personnel starved, poisoned, gassed or shot roughly 200,000 disabled men, women and children in asylums throughout central and eastern Europe. Support for euthanasia in Germany, however, began long before Adolf Hitler came to power in 1933. For years, physicians, scientists and philosophers had engaged in lengthy debates over whose life was most biologically fit and useful to the community. Discussions about which groups were socially productive and which were not had the effect of defining down the value of human life. As the century unfolded, it became increasingly easier for Germans to propose that the "unfit" (meaning the sick and disabled) should not only be prohibited from breeding, they should also be put to death for the welfare of society and their own good.2

The tale of euthanasia in Nazi Germany is now a matter of historical record. But until very recently, the history of euthanasia outside Germany was almost completely ignored. Currently, as we begin to learn more and more about the fortunes of the euthanasia movement in Britain, Canada, the United States and other countries, comparisons between German atrocities and the proposals of today's euthanasia movement, dismissed as wild exaggerations by right-to-die advocates, grow increasingly valid.

## DARWINIST ORIGINS

The historical connections between euthanasia and eugenics stretch back to the nineteenth century and the introduction of Charles Darwin's theory of evolution according to natural selection. In *The Origin of Species* (1859), Darwin proposed that species were not independently created, but descended from a common ancestor. Species were modified throughout natural history because the fierce struggle for limited food supply weeded out the "unfit" individuals of a species and privileged the "fit," which, by surviving, tended to pass on their favourable traits to offspring.

This process of "natural selection," Darwin argued, accounted for the modification of species and was even sufficient to bring about new species.

Yet in his Descent of Man (1871), Darwin warned that the arrival of civilization in the form of hospitals, asylums, public charity and modern medicine obstructed the power of natural selection, enabling cording to Darwin, "the reckless, degraded graded and vicious" from reproducing.3

Darwin's concepts, Galton coined the word "eugenics" in 1883, derived from the Greek conduct."6 word for "well-born." He defined eugenics as "the science of improving stock" by twentieth century, the fledgling euthanasia "improve...the racial qualities of future bers from the ranks of eugenics organiza- nent German scientists and physicians of

AS THE CENTURY UNFOLDED, IT BECAME INCREASINGLY EASIER FOR GERMANS TO PROPOSE THAT THE "UNFIT" (MEANING particularly as a way many gathered steam after World War I THE SICK AND DISABLED) SHOULD NOT ONLY BE PROHIBITED FROM BREEDING, THEY SHOULD ALSO BE PUT TO DEATH FOR THE WELFARE OF SOCIETY AND THEIR OWN GOOD.

ence, medicine and public health policy. a statute.<sup>7</sup> Governments from Scandinavia to Latin America introduced legislation based on EUGENICS AND EUTHANASIA eugenic principles.4 "Positive" eugenics re- IN GERMANY ferred to policies designed to encourage the In the meantime, the United States and tended to enact "negative" eugenic poli- nations, with other countries such as Can- nales. Compared with the countless Ger-

the "weak members" of society to survive and evolutionary biology while dispensing ity needed to be replaced. A leading voice and reproduce their own kind. Worse, ac- with approaches based on traditional value in this campaign belonged to the biologist systems, largely what many euthanasia ad- Ernst Haeckel (1834-1919), a world famous, and often vicious members of society tend vocates were also inclined to favor. Galton best-selling popularizer of Darwinism, to increase at a quicker rate than the provi- himself believed that the goal of eugen- many of whose books were translated into dent and general virtuous members." In ics was to create a "new religion" whose English. In as early as 1864, Haeckel main-Darwin's eyes, the "degeneration" of the value system would make the mainstream tained that "personal individual existence human race was a distinct possibility un- churches obsolete. The eugenicist play- appears to me so horribly miserable, petty, less society prevented "the reckless, de- wright George Bernard Shaw, an early pro- and worthless, that I see it as intended for ponent of euthanasia, observed in 1905 that nothing but for destruction."8 Haeckel be-Darwin himself shrank from the pol- "there is no reasonable excuse for refusing came an avid eugenicist, urging that the icy implications of his theories, vaguely to face the fact that nothing but a eugenic biologically "inferior" be prevented from hoping that the "unfit" would voluntarily religion can save our civilization." In 1923, breeding and that modern society adopt refrain from marriage and the "fit" would Albert Wiggam, a U.S. eugenicist and eu- the ancient Spartan practice of killing "mishave bigger families. However, Darwin's thanasia supporter, praised eugenics as a cousin Francis Galton (1822-1911) was not critical part of a revolutionary new world so ambivalent. Borrowing from many of view that "demands...a new set of values by which and for which to live," a "new code of

world religions had condemned suicide.

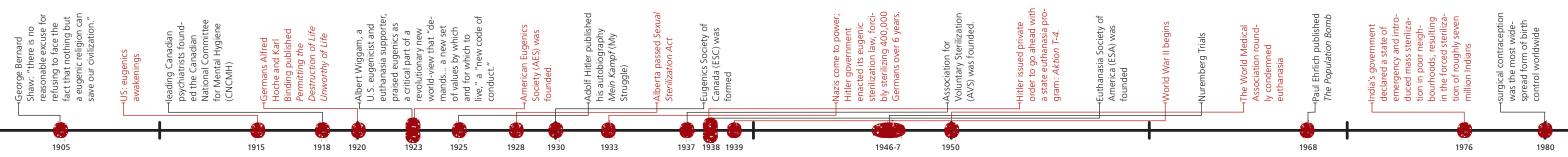
planning, preventive medicine and the down to the end of the twentieth century. the species is everything, the individual is study of heredity, the theory of eugenics In 1997, citizens in Oregon voted in favour nothing." He, like Binding, hailed the comswept across most of the globe in the first of legalizing PAS, becoming the first juris- ing of "a new age...operating with a higher half of the twentieth century, affecting sci-diction in the Western world to enact such

erable and infirm children."9 By the end of his long career attacking the idea that all human life was equally valuable, Haeckel had supported suicide, infanticide, abortion, assisted suicide and involuntary mer-Little wonder that, over much of the cy-killing of the mentally ill. His view that customary ethics were in need of revision using the "agencies of social control" to movement would recruit many of its mem- enjoyed the support of numerous promigenerations." With its emphasis on social tions. For centuries the teachings of major his day, including Alfred Ploetz, August Forel and Willhelm Schallmayer.

1883

The erosion of standard ethics in Gerto escape the suffer- when psychiatrist Alfred Hoche and jurist ing that afflicted hu- Karl Binding published Permitting the Demanity. That tradi- struction of Unworthy Life (1920). Hoche tion remained intact believed that "the continued existence of morality," a time when "eliminating those who are completely mentally dead" would be "a permissible and useful act." Hoche and Binding defended the legalization of euthanasia, including assisted suicide and the killing of the mentally and physicalfit to have large families. But governments Germany became the world's most eugenic ly disabled, on the basis of diverse ratiocies, including laws restricting marriage ada and Great Britain not far behind. The man soldiers who had given their lives on and permitting the voluntary or coercive roots of German eugenics date back to the the battlefield in World War I, they consterilization of the disabled through vasec- late nineteenth century when many Ger- tended, the inmates of Germany's asylums tomy for men or tubal ligation for women. man scientists and physicians, impressed were "the fearsome counter-image of true Eugenics authorized the reduction of so- by Darwinism's social implications, con- humanity." Their lives were "not just absocial problems to utilitarian considerations tended that traditional Christian moral- lutely worthless, but even of negative value."

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Their deaths would be welcomed by their were a heavy drain on the nation's resourctheir true wishes could be revealed.10

borns and the mentally ill could be justi- eradicate it."12 fied philosophically once one accepted a it is a sobering illustration of the "slippery slope" theory that once assisted suicide was banned.

ideology was infused with eugenic and tors fanned out into social Darwinist ideas categorizing people the fledgling death as either "valuable" or "valueless." In his camp system, where Mein Kampf (My Struggle), Adolf Hitler the selection of "sick" himself repeatedly had scorned humane inmates for extermiattitudes and morality, calling them "the nation. Thanks to Nazi physicians' experidie rather than operate, Haiselden replied: torian, "in Hitler's mind Darwinism pro- Holocaust was able to move into its most cide, euthanasia, genocide, and other poli- ings of Jews and other so-called "enemies cies that had been (and thankfully still are) of the state" in notorious killing centres considered immoral by more conventional moral standards."11

eugenic sterilization law, which functioned until the outbreak of war in 1939. Nazi the Holocaust itself.<sup>13</sup> Germany's "eugenics program" resulted in the forcible sterilization of approximately EUGENICS AND EUTHANASIA 400,000 Germans between 1933 and 1939. IN THE UNITED STATES AND This program of sterilization drew atten- CANADA

caregivers, families and themselves, if only es. By 1939, as one German asylum director argued, the only "serious" question was Binding and Hoche demonstrated how "whether to maintain this patient material easily the mercy-killing of disabled new- under the most primitive conditions or to

right to kill oneself. Their highly influen- vate order in 1938 to go ahead with a state tial publication warrants reading today, for euthanasia program, informed opinion in Germany tended to believe that the disabled population did not enjoy the same decriminalized, there was no logical rearrights to life as healthy citizens. The new son why involuntary euthanasia should be Nazi program of euthanasia, dubbed "Ak- incided with the first awakenings of Amerition T-4," quickly went into operation over Binding and Hoche's theory did not the next two years. In 1941, when Roman have an immediate impact on German Catholic protests brought a temporary to operate on a newborn with intestinal and medical thinking. But once the Nazis came halt to the program, Aktion T-4 became to power in 1933, it took on a new life within de-centralized, more covert and more diffiline news across America. When asked by a

slave of weakness." In the words of one his- ence at devising ways to gas patients, the "Eugenics? Of course, it's eugenics." 15 such as Belzec, Sobibor and Treblinka. In dividual human lives had culminated in

tion to the thousands of mentally disabled Meanwhile, eugenics may not have culpatients housed in state asylums at public minated in genocide in the United States, expense. Psychiatrists and state officials, but it thrived there. By the 1920s, most of frustrated with the never-ending chore of America's geneticists, biologists, physicians trying to treat chronically ill inmates as and social scientists had embraced eugentax revenues plunged, echoed the view exics, a trend that led to the 1923 founding of

genics pervaded college, university and high school curricula. The Carnegie and Rockefeller foundations funded eugenic research. By the 1930s, 41 states had laws prohibiting the marriage of the mentally ill and mentally disabled, and 30 states had Thus, by the time Hitler issued his pripassed eugenic sterilization laws. Eugenic ideas encompassed public health concerns such as diet, exercise, parenting, pediatrics and personal hygiene, and surfaced in "eugenic" movies and stage dramas.14

The broad enthusiasm for eugenics coca's euthanasia movement. In 1915, the Chicago surgeon Harry Haiselden had refused rectal infirmities. The case became headthe radically altered political climate. Nazi cult to monitor. Many of Aktion T-4's doc- reporter why he had chosen to let the baby

WHAT HAD ONCE BEEN A MERE DISCUSSION WITHIN A TINY GROUP OF SCIENTISTS ABOUT THE RELATIVE WORTH speeches and his 1925 autobiography they collaborated in OF INDIVIDUAL HUMAN LIVES HAD CULMINATED IN THE HOLOCAUST ITSELE.

Yet it was not until the 1930s that the vided the moral justification for infanti- lethal stage which witnessed the mass kill- euthanasia movement began gathering momentum. Spearheaded by the ex-Unitarian pastor Charles Potter, a vocal supporter of eugenic sterilization, the Euthanasia Soci-Germany, in other words, what had once ety of America (ESA) was founded in 1938. As soon as the Nazis came to power been a mere discussion within a tiny group Anne Mitchell, the Esa's first major benefacin 1933, the Hitler government enacted its of scientists about the relative worth of intor, talked of the necessity of breeding human beings "as carefully as we do animals." She welcomed the coming of World War II because, she claimed, it gave the United States a prime opportunity to do some serious "biological house cleaning" of the country's "unfit" citizens. Unsurprisingly, there was a noticeable overlap in membership between the ESA and AES. Fully 73 per cent of the ESA's founders were followers of eugenics. Initially, the ESA advocated the legalization of euthanasia for "incurable idiots," but as the ESA faced increased resispressed by Binding and Hoche that the sick the American Eugenics Society (AES). Eu-tance from legislators in states such as New

less. Potter told his allies in the movement the incurably mentally ill.16

dian psychiatrists founded the Canadian National Committee for Mental Hygiene (CNCMH) with the goal of lobbying governments to pass preventive measures designed many of the same individuals formed the Eugenics Society of Canada (ESC), whose campaign of race betterment that would parenthood. By then, the Alberta provin- "population explosion." 19 cial government had already taken action. In 1928, under pressure from public health to changes in Canada's laws, but they illusgenics and euthanasia faltered. In 1950, officials and prominent women's rights ac- trated that, in Canada, as elsewhere, propo- the World Medical Association roundly tivists, including Nellie McClung and Eminents of eugenic policies typically favoured condemned euthanasia, as did all leading ly Murphy, the Alberta government passed its Sexual Sterilization Act. The Alberta bill set up a provincial Eugenics Board which decided whether or not individuals with a country was slow in developing, it has raged tendency to mental illness or mental defi- for the last fifteen years, against the back- ilization laws.<sup>21</sup> In this changed political ciency would be sterilized. The Alberta Act drop of high profile human interest stories, climate eugenicists shifted strategy and was followed by British Columbia's own including the killing of Tracy Latimer in flocked to the emerging population control sterilization act. While the B.C. Act oper- 1993 and the assisted suicide of Sue Rodri- movement. In the 1950s and 1960s, a growated fitfully until it was repealed in 1972, guez in 1994. In 1993, the Supreme Court ing number of social scientists warned of Alberta sterilized almost 3,000 men and of Canada narrowly ruled that there was a global crisis if drastic birth control prowomen until its act was repealed the same no Charter right to assisted suicide, and year. On a per capita basis, Alberta's exper- in 1995, the nation's Senate recommended iment with eugenic sterilization proved to that assisted suicide remain illegal. Yet, c- ularly in developing countries such as Inbe one of the most sweeping in the entire 407 is a forceful reminder that in the eyes of dia, would create severe shortages of food world.17

Canadian support for euthanasia tended to develop more slowly than approval of EUGENICS AND EUTHANASIA eugenics, partly owing to the fact that the AFTER WORLD WAR II country remained religiously conservative After the end of World War II, news of Nazi as late as the 1960s. Yet in the first half of experiments on prisoners of war, the mass Canadians with eugenic backgrounds did endorse various forms of euthanasia. In

dian army, urged ending "the stranglehold justify euthanizing the "surging rise in the ultimately lead to legislation preventing number of physically and mentally crippled reproduction by people deemed unfit for children" created by the twentieth-century Holocaust itself.<sup>20</sup>

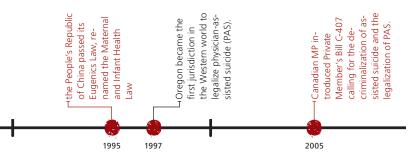
None of these recommendations led the legalization of euthanasia. This history national medical organizations. Eugenics is all the more troubling given the fact that although debate over euthanasia in this supporters discovered that governments PAS supporters, the debate is far from over. and natural resources, triggering massive

public knowledge, notably at the 1946-1947

York, it promoted a euthanasia bill for only health officer for Brantford, Ontario, rec- their assistants. In the words of Leo Alexconsenting, terminally ill adults. Nonethe- ommended overturning time-honoured ander, a U.S. psychiatrist appointed to the taboos against taking human life in order Nuremberg prosecution team, Nazi medithat the ESA's ultimate goal was the enact- to permit mercy killing for those with the cal atrocities were not a freak accident of ment of a bill legalizing the mercy killing of weakest germ plasm.<sup>18</sup> Canadian-born psy- history, but started from "small beginchiatrist Brock Chisholm, the first director- nings." Nazi medical crimes had a power-Canada, too, was home to a robust eugeneral of the World Health Organization ful ancestry dating back to Ernst Haeckel genics movement. In 1918, leading Cana- (1948-1952), warned in 1937 that Canada and late nineteenth century eugenics and faced a biological crisis because of the dis-social Darwinism, originating in the willproportionate fertility of the less intelli- ingness of numerous German opinion gent classes. He later advocated euthanasia makers in medicine and the sciences to for newborns, including the victims of the accept that there were lives that were "not to reduce the rate of mental illness. In 1930, drug Thalidomide. And Olive Ruth Russell, worthy to be lived." Once this view was acthe first woman psychologist in the Cana- cepted, it became easier to extend it beyond the disabled and chronically ill to "the soaim was to develop a public education of tradition and religious dogma" so as to cially unproductive, the ideologically unwanted, the racially unwanted, and finally all non-Germans;" in other words, to the

As the world recoiled in horror over these revelations, the fortunes of both euvirtually became a "dirty word" and its were no longer interested in enacting stergrams were not implemented. Experts predicted that population growth, particfamine and disease. Observers also warned that unchecked population growth would destabilize developing nations, leaving them vulnerable to takeover by communist insurgents. The movement culminated in the twentieth century, some prominent sterilization of the disabled and the mur- the 1968 publication of Paul Ehrlich's The der of asylum patients gradually became *Population Bomb*, but Ehrlich was only one of many thinkers who believed that the 1935, ESC president William Hutton, public Nuremberg Trials of German doctors and threat of imminent mass starvation war-

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ranted radical birth control policies, in- defended euthanasia, leaving one-quarter cluding mass sterilization. Eugenicists who of his considerable estate to the ESA. He was had once advocated compulsory steriliza- simply the best known of the many suption laws targeting the poor and mentally porters of population control who shared disabled now focused on popularizing ster- the deep belief that the time had come to ilization among the public and medical legalize euthanasia. profession. The new rationale was population control, but their overall objective re- POPULATION CONTROL, mained essentially the same: sterilizing the EUGENICS AND EUTHANASIA poor, sick and dispossessed. In the words The efforts of the AVS were rewarded by the of one U.S. sterilization proponent, if "the early 1970s when the U.S. federal governhalf wits and morons could be talked into ment announced it would fund domestic sterilization...we could at least be getting sterilizations through its Medicaid prosomewhere." The goal of sterilization ac- grams and would help subsidize groups sterilization minded" in the name of defus- enthood that were offering overseas steriling the "population bomb."22

nization, the Manhattan-based, non-profit health programs offering counselling and (Avs). Founded in 1937 as the Sterilization space the arrival of children. Officially, the League of New Jersey, a group dedicated new orientation stressed voluntarism and to persuading that state to pass a eugenic the worldwide provision of birth control sterilization law, the Avs enjoyed close re-services to women as a way of improving

lations with the ESA from the 1940s to NAZI MEDICAL ATROCITIES WERE NOT groups regularly STARTED FROM "SMALL BEGINNINGS." swapped member-

ship lists based on the belief that their sup- Whatever the rationale, however, global porters shared a strong philosophic kin- sterilization rates continued to rise. By 1980, tors were members of the ESA and AES, in- spread form of birth control worldwide and cluding birth controllers Margaret Sanger, by the end of the 1990s, close to 300 mil-Alan Guttmacher and Robert Latou Dick- lion couples had been sterilized. Coercion CONCLUSION inson, as well as clergyman Joseph Fletch- in population control programs was an un- Understanding the historical implications er, founder of the highly influential theory deniable fact. For example, in 1976 India's of "situation ethics" in medicine.<sup>23</sup> In the government, under Prime Minister Indira 1960s, Hugh Moore, the inventor of the Di- Gandhi, declared a state of emergency and xie Cup, and one of the most vocal advo- introduced a program of mass sterilization cates of population control, threw his im- in poor neighbourhoods, resulting in the mense wealth behind the Avs. He actually forced sterilization of roughly seven milcoined the phrase "the population bomb" lion Indians. By targeting the poor, populayears before Paul Ehrlich popularized it in tion controllers who preached sterilization his 1968 bestseller of the same name.<sup>24</sup> By upheld eugenic traditions dating back to the time of his death in 1972, Moore also the late nineteenth century.

This transformation from coercive to the population control movement changed

maternal and child care and stemming the 1970s. The two A FREAK ACCIDENT OF HISTORY, BUT population growth, veloping countries.

More recently, as the example of the People's Republic of China (PRC) demonstrates, population control retains its eugenic roots and promotes euthanasia. As part of its state policy of curbing demographic growth and improving the biological quality of its population, in 1995 the PRC passed its Eugenics Law, hastily renamed the Maternal and Infant Health Law under a torrent of foreign criticism. The 1995 law stipulates that potential marriage partners must have medical checkups to ensure that neither has any hereditary, venereal, reproductive or mental disorder. Those deemed "unsuitable for reproduction" can be compelled to undergo sterilization or abortion.

Moreover, once it became permissible for the Chinese state to intervene in the name of collective fitness, leading health officials began referring to the "zero worth" of defective infants. Infanticide was increasingly hailed as "scientific humanism" that protected Chinese society against tivists was to persuade doctors "to be more such as avs and International Planned Parthe "counter-selective" forces represented by disabled newborns. Zhao Gongmin, a ization services. Yet in the 1970s, the focus of Fellow of the Chinese Academy of Social Science, stated that "painless euthanasia" "voluntary" sterilization advocacy was par- from attempts to reduce the sheer number for "those already born and afflicted with ticularly visible in the history of one orga- of births to "family planning," reproductive severe inherited malformations, such as cretins with a stretched tongue or babies Association for Voluntary Sterilization medical services for couples who wanted to suffering from hydrocephalus" was "a eugenic measure that will benefit the country and the people." When the news broke in 1996 of abandoned children being starved to death in Chinese orphanages, officials had to admit that for years health care personnel had been discussing the possibility of selecting the "superior" infants for surespecially in de- vival and "discarding" the "inferior." As of the early twentieth century, euthanasia was still officially criminalized in the PRC, but the mounting acceptance of eugenics in the ship. Indeed, almost all its board of direc- surgical contraception was the most wide- form of population control suggested a reversal of policy in the coming years.<sup>25</sup>

of euthanasia grounds Jason Kenney's comments in Parliament about Bill C-407. Because hindsight is 20/20, history shows us the potential and looming repercussions for classifying mankind into categories denoting one's ability to contribute to society, be financially productive or be favoured to reproduce genetically inclined offspring. It is tempting to think that abuses against vulnerable and disadvantaged individuals

Nazis could never happen here. Yet, both the history of eugenics and recent events suggest otherwise. In the wake of 2005's Hurricane Katrina, the state of Louisiana announced it was investigating allegations that doctors at a New Orleans area hospital killed patients rather than leave them to die in agony as they evacuated hospitals. hospitable to the unbidden, a gated com- world. An historical perspective on eutha-Such triage conditions, when combined with alarmist observations about the rising by denigrating the less fortunate, the new governments and the health care commucosts of health care, create an environment "liberal eugenics" improves the chances of nity who debate when it is time to let go of which encourages policy-makers to make invidious distinctions about the value of legalization of PAS.<sup>28</sup> individual human lives. Leading right-todie advocates, including Derek Humphry, gle over euthanasia strongly points to the shows few signs of ending anytime soon. the co-founder of the pro-euthanasia Hemlock Society (now called Compassion and Choices), argue that the current difficulties governments face in paying health care costs will mean that society's elderly population will soon have to accept a "duty to die." But history shows that these and other troubling comments are far from new. Today, social scientists and ethicists often refer to the elderly as "biologically tenacious," echoing opinion makers of the past who talked freely about "useless eaters" and "ballast existences." Present day 7 health care providers often measure the value of human life on the basis of "futile care" theory, which holds that financial costs largely dictate whether or not a person should be kept alive.<sup>26</sup> Peter Singer, professor of ethics at Princeton University, 14 openly proclaims that no one believes any more in the sanctity of individual human life. To Singer, only people who can anticipate and plan for their future should enjoy a right to live. According to his line of reasoning, defective newborns and the men- 15 tally ill therefore qualify for euthanasia.

Today's trends toward the legalization of euthanasia, including PAS, are bolstered by what commentators call the "new eu- 18 genics."27 Remarkable advances in reproductive and genetic technology, including 21 in vitro fertilization, genetic screening, sex selection and sperm banks, indicate that a 23 new wave of eugenics is in the ascendancy. In the early twenty-first century some ethicists are hailing a "liberal eugenics" based on the doctrine of personal autonomy to 26 defend the right of parents to use whatever technological means at their disposal to "insure for their descendants the best genetic endowment." The trouble is that in a

comparable to the crimes committed by the society that accepts elective eugenics, chil-conclusion that at its core is a conflict bedren with imperfections (and their parents tween competing world views, "between who brought them into the world) would fundamentally different moral visions of feel as stigmatized as ever. As U.S. politi- human life—individual and collective," cal philosopher Michael J. Sandel shrewdly as James Davison Hunter has argued.<sup>29</sup> not vindicate eugenics." A society based haunts the moral consciences of countless on liberal eugenics "would be a world in- Canadians as well as other citizens of the munity writ large." If history is any guide, nasia is indispensable for patients, families, electing representatives who advocate the life. Upcoming events in society's debate over this and other "edge-of-life" issues In summary, the history of the strug- will form the next chapter in a history that

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